

## Love and Logic

Love and Logic offers a simple and enjoyable approach to parenting. This class teaches practical, everyday strategies that reduce stress and make parenting more enjoyable, while fostering kindness, respect, and responsibility in children.

Love and Logic helps parents and teachers to create calmer, happier homes or classrooms that are free from power struggles, yelling and nagging. It encourages empathy and cooperation for strong, confident kids.

Love and Logic is a program designed for parents and teachers of children from birth to adulthood.

**Contact: Kristin Huber - [krishuber@hotmail.com](mailto:krishuber@hotmail.com), or 435-621-5298**